

# 251 Beginner Lesson Resources

1. How you find the 251 in the harmonised C major scale

**I      ii      iii      IV      V      Vi      VII**

T	3	5	7	8	3	5	6
A	5	6	8	10	4	5	7
B	4	5	7	9	5	5	7
B	5	7	9	10	3	5	7
B	3	5	7	8	3	5	7

2. A typical way to play a 251

**ii      V      I**

T	10	8	8
A	10	10	9
B	10	9	9
B	10	10	8

3. A 251 played with more 'mainstream' guitar shapes

**ii      V      I**

T	5	3	3
A	6	3	5
B	5	4	4
B	7	3	5
B	5	5	3

4. Basic arpeggio outline of 251 in C

11 Dm<sup>7</sup> G<sup>7</sup> Cmaj<sup>7</sup>

T  
A  
B 5 8 7 5 5 4 3 6 5 5 8 7

5. Basic arpeggio outline of a 251 but starting on the 3rd of each chord

14 Dm<sup>7</sup> G<sup>7</sup> Cmaj<sup>7</sup>

T  
A  
B 8 7 10 7 9 7 10 8 9 8 12 13

6. Basic arpeggio outline of a 251 but starting on the 5th of each chord

17 Dm<sup>7</sup> G<sup>7</sup> Cmaj<sup>7</sup>

T  
A  
B 7 10 7 10 7 10 8 7 8 7 8 12

7. b7 to 3rd resolution

20 Dm<sup>7</sup> G<sup>7</sup> Cmaj<sup>7</sup>

T  
A  
B 5 8 7 5 4 5 5 3 2 5 4 5

8. Applying modes to each chord

23 Up Dorian Up Mixolydian Up Ionian

Dm<sup>7</sup> G<sup>7</sup> Cmaj<sup>7</sup>

T  
A  
B 5 7 8 5 7 4 5 7 5 7 4 5 7 5 6 8 5 7 5 6 8 5 7 8

9. Descend the modes

26

Dm<sup>7</sup> G<sup>7</sup> Cmaj<sup>7</sup>

T  
A  
B 10 8 7 10 8 10 9 7 8 10 9 7 10 9 7 10 10 9 7 10 8 7 10 8

9. Ascend Dorian, descend Mixolydian and ascend Ionian

29

Dm<sup>7</sup> G<sup>7</sup> Cmaj<sup>7</sup>

T  
A  
B 5 7 8 5 7 4 5 7 8 6 5 7 5 4 7 5 5 7 5 6 8 5 7 8

10. Start each mode from the 3rd

32

T  
A  
B 8 5 7 4 5 7 5 6 4 5 7 5 6 8 5 7 5 6 8 5 7 8 10 12

11. Play each mode in 3rds

4

35 *Dorian* *Mixolydian* *Ionian*

Dm<sup>7</sup> G<sup>7</sup> Cmaj<sup>7</sup>

T  
A  
B 5 8 7 5 8 7 5 4 | 5 4 7 5 4 7 5 5 | 5 5 7 6 9 8 10 10

12. Fourths

38

T  
A  
B 5 5 7 7 8 9 5 5 | 5 5 7 7 4 5 5 6 | 5 6 7 8 9 10 10 12

13. 5ths

41

T  
A  
B 5 7 7 9 8 10 5 7 | 5 7 7 9 4 6 5 8 | 5 8 7 10 9 12 10 13

44 14. 6ths

T  
A  
B 4 5 7 5 | 5 6 8 10 | 5 7 8 10

5 7 8 5 | 5 7 9 10 | 5 7 9 10

47 15. 7ths

T  
A  
B 5 7 9 6 | 6 8 10 7 | 7 8 10 12

5 7 8 5 | 5 7 9 5 | 5 7 9 10